

PARENTS AND TEENS!

Join Dr. Aimee Sullivan, PhD. for a **free event** to learn more about anxiety and teens.

Hosted by East High School.

SHOULD I BE WORRIED ABOUT MY TEEN?

- ✓ Recognize when 'teen angst' becomes something more concerning
- ✓ Understand the important differences between typical and atypical teenage behavior
- ✓ Learn how to seek appropriate professional support when necessary

Thursday
February 7th, 2019
6:30 PM-8:30PM

East High School Auditorium
1600 City Park Esplanade,
Denver, CO 80206



For more information and to RSVP, please contact
DepressionCenterPrograms@ucdenver.edu

The **Toolbox Learning Series** provides lifelong tools and skills to ensure mental wellness for individuals within our community.



Helen and Arthur E. Johnson
Depression Center

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